The monthly contribution does not take any employer subsidy into account.

You only pay for two children younger than 18 years after which child dependant rates will apply from the beginning of the year in which they turn 18, until they are 26 years old.

Older children pay child dependant rates until they are 26 years old.

### Monthly contributions

<table>
<thead>
<tr>
<th></th>
<th>Network</th>
<th>Non-Network</th>
</tr>
</thead>
<tbody>
<tr>
<td>Principal member</td>
<td>R1 800 (R270 savings contribution included per month and R3 240 per year)</td>
<td>R2 310 (R348 savings contribution included per month and R4 176 per year)</td>
</tr>
<tr>
<td>Dependant</td>
<td>R1 476 (R222 savings contribution included per month and R2 664 per year)</td>
<td>R1 890 (R282 savings contribution included per month and R3 384 per year)</td>
</tr>
<tr>
<td>Child dependant</td>
<td>R534 (R78 savings contribution included per month and R936 per year)</td>
<td>R690 (R102 savings contribution included per month and R1 224 per year)</td>
</tr>
</tbody>
</table>

- The monthly contribution does not take any employer subsidy into account.
- You only pay for two children younger than 18 years after which child dependant rates will apply from the beginning of the year in which they turn 18, until they are 26 years old.
- Older children pay child dependant rates until they are 26 years old.

### Summary of benefits

#### Additional insured benefits

**HEALTH TESTS***

- **Per beneficiary**
  - 1 combo test (blood glucose, cholesterol, BMI and blood pressure measurement) or individual blood glucose or cholesterol test
  - HIV counselling and testing – Unlimited
  - Routine tests, including mammograms, pap smears, prostate tests, FOBT and bone mineral density tests

**IMMUNISATION***

- **1 per beneficiary per year**
  - Standard kids immunisation (< 7 years)
  - Flu, tetanus and HPV vaccine
  - Pneumovax vaccine for beneficiaries registered with asthma or COPD

**DIETICIAN CONSULTATION**

- **1 consultation if BMI test result at wellness provider indicates a BMI > 30 and if registered on HealthPrint**

**PREGNANCY AND BABY BENEFITS**

- **8 pregnancy consultations & two 2D sonars**
- **2 baby consultations (< 1 year)**

**BACK TREATMENT PROGRAMME**

- **1 programme per beneficiary per year at a Document-Based Care facility (subject to protocols and pre-authorisation)**

### Core benefits

**ESSENTIAL COVER**

100% of the cost for 270 PMB and 26 chronic conditions (DSPs, formularies, networks, protocols and pre-authorisation apply)

**TRAUMA COVER**

- Unlimited cover for trauma that necessitates hospitalisation in the case of motor vehicle accidents, stab wounds and similar trauma
- Post-exposure prophylaxis in the event of sexual assault or accidental exposure to HIV

**EMERGENCY TRANSPORT (NETCARE 911)**

In beneficiary’s country of residence
- RSA, Lesotho, Swaziland, Mozambique, Namibia and Botswana
Road transport – Unlimited
Air transport – Unlimited

Outside beneficiary’s country of residence
- Road transport – R1 900 per case
- Air transport – R12 400 per case

**HOSPITALISATION**

100% of the MT (subject to pre-authorisation and protocols)
- Dimension Prime 2 – any hospital
- Dimension Prime 2 Network – 108 network hospitals

**ONCOLOGY**

- PMB – 100% of the MT
- Non-PMB – R100 000 per family per year

**CONFINEMENT (CHILDBIRTH)**

- In hospital – 100% of the MT
- Home delivery – R11 900 per event

**NEUROSTIMULATORS**

- R101 200 per beneficiary per year

Dimension Prime 2 is ideal for young, healthy couples and provides the value of private hospital cover combined with a 15% savings account and added preventive care and insured benefits, should you plan on starting a family. By choosing the wide network of 108 private hospitals you save 22% in monthly premiums.
**POST-HOSPITAL CARE**
Up to 30 days after discharge for speech therapy, occupational therapy and physiotherapy
- Member = R1 700 per year
- Member+ = R2 300 per year

**PROSTATECTOMY**
100% of the MT
- Conventional or laparoscopic – Unlimited
- Robotic assisted laparoscopy – Hospitalisation: R100 400

**APPENDECTOMY**
100% of the MT
- Conventional – Unlimited
- Laparoscopic – Hospitalisation: R15 800

**SPECIALISED RADIOLOGY**
In and out of hospital
- MRI and CT imaging 100% of the MT – Unlimited
- Member pays the first R1 550 per examination

**ORGAN TRANSPLANTS**
100% of the cost
- Cornea implants – R2 610 per implant per year

**STANDARD RADIOLOGY, PATHOLOGY AND MEDICAL TECHNOLOGIST SERVICES**
In hospital – 100% of the MT
- Out of hospital – savings account

**PRE-AUTHORIZATION IS IMPORTANT**
Always pre-authorise services such as hospitalisation, emergency transport and oxygen to prevent a deductible

**IMPORTANT**
This brochure provides only a summary of the available benefits. Please consult the registered Rules of Medihelp for more information and details of services that are excluded from benefits. In case of a dispute, the Rules of Medihelp will apply (subject to approval by the Council for Medical Schemes).

* These benefits are not available if you have been registered for a chronic/PMB condition as it is no longer considered as preventive care. Benefits may also be linked to a specific age/gender/item code. Services are available at Clicks and Dis-Chem pharmacy clinics and benefits are paid at 100% of the MT.

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**Care**

**Core benefits**

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**PSYCHIATRIC TREATMENT OF A MENTAL HEALTH CONDITION**
R22 100 per beneficiary per year (maximum R30 300 per family per year)

**OTHER COVERED BENEFITS**
Renal dialysis, oxygen, and hospice, sub-acute care and private nursing services as an alternative to hospitalisation
- Pre-authorisation and protocols apply

**APPENDECTOMY**
100% of the MT
- Conventional – Unlimited
- Laparoscopic – Hospitalisation: R15 800

**INTERNALLY IMPLANTED PROSTHESES**
100% of the MT per beneficiary per year
- EVARS prosthesis – R1 181 000
- Vascular/cardiac prosthesis – R50 600
- Health-essential functional prosthesis – R56 000
- • Hip, knee and shoulder replacements (non-PMB):
  - In case of acute injury where replacement is the only clinically appropriate treatment modality
  - Hospitalisation: 100% of the MT
  - Prosthesis: Health-essential functional prosthesis benefit applies
  - In case of wear and tear – no benefits
  - Intra-ocular lenses – R3 800 per lens, 2 lenses per beneficiary per year, health-essential functional prosthesis benefit applies
  - Prosthesis with reconstructive or restorative surgery (in and out of hospital) – R8 750 per family per year
  - External breast prostheses (in and out of hospital) – savings account

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**DEDUCTIBLES**

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**PROCEDURE-SPECIFIC DEDUCTIBLES**
- Back and neck fusion – member pays the first R9 500 per admission
- Endoscopic procedures – Gastroscopy, colonoscopy, arthroscopy and sigmoidoscopy
- In a day clinic – member pays the first R2 550
- In hospital – member pays the first R3 550
- Dental procedures under general anaesthesia during hospitalisation – Removal of impacted teeth (dentist’s account covered for item codes 8941/8943/8945) and extensive dental treatment for children < 5 years (dentist’s account: available funds in savings account) – member pays the first R2 900 per admission

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**PRE-AUTHORIZATION IS IMPORTANT**
Always pre-authorise services such as hospitalisation, emergency transport and oxygen to prevent a deductible

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**MORE INFORMATION**
- BMI – Body mass index
- COPD – Chronic obstructive pulmonary disease
- CT – Computerised tomography
- DSP – Designated service provider
- EVARS – Endovascular aortic replacement surgery
- FOBT – Faecal occult blood test
- HPV – Human papilloma virus
- MHRP – Medihelp Reference Price
- MRI – Magnetic resonance imaging
- MT – Medihelp tariff paid by Medihelp for benefits that can include a contracted tariff or the single exit price
- PMB – Prescribed minimum benefits

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www.medihelp.co.za

Medihelp is an authorised financial services provider (FSP No 15738)